



NYS Apples  
NYS Potatoes  
NYS Onions

# June

2025 9-12



# Lunch

## Lew-Port High School



Monday	Tuesday	Wednesday	Thursday	Friday
2 Greek Chicken flatbread  Green Beans 1/2c Sweet Potatoes 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	3 8" fajita chicken w/peppers Onions, rice  Baked Beans 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4 Meatball submarine w/mozzarella  Green Peas 1/2c Mixed Vegetables 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	5 Hamburger or cheeseburger On a bun  NYS Potatoes 1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	6 General Tso's chicken Over rice & roll  1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
9 Chicken fingers w/dipping sauce  Celery Sticks 1/2c Carrot Sticks 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	10 Nacho Grande w/meat, cheese, salsa & rice  Vegetarian Beans 1/2c Seasoned Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	11 Chef's choice  Cauliflower 1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	12 Chef's choice  Mixed Veggies 1/2c Sliced Cucumber 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	13  Hamburger or Cheese- burger on wg bun  1C Romaine Lettuce=1/2c Steamed Broccoli 1/2c Milk-8oz <b>**Stars &amp; Stripes** Sidekick Frozen Fruit Punch</b>
16 Chef's choice  Chef's Choice 1/2c Chef's Choice 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	17	18	19 Happy Juneteenth!  	20
23	24	25	26	27
30				

**NYS LOCAL FOODS**  
\*Upstate Farms  
Milk, Yogurt, Sour Cream  
Eden Valley Growers  
Assorted Varieties of Apples  
Eden Valley Growers  
Assorted Fruits & Vegetables  
used in Meal Program  
highlighted in green

**For Information for Summer Meals Please Visit**  
[www.summer-mealsny.org](http://www.summer-mealsny.org) Or Call 211  
or 866-3-HUNGRY.

The Following Entrees Served Daily:

6" Subs and Wraps (2M2G)

Salads Made to Order  
(Includes Flatbread) 2M2G

Peanut Butter & Jelly  
Sandwich (2M2G)

**Fruit & Yogurt Parfait**  
w/Flatbread(2M2G)

Offered daily  
with all School Lunches:

Fresh or Prepared Fruit  
(Must take 1/2 cup of Fruit or Vegetable –  
may take up to 1 cup)

**NY State 8oz 1% or Skim  
White Milk  
Fat Free Chocolate Milk**

Approved by PTFS Dietitian: Perry Schmidt, MS, RD, CDN



If your student has a particular food allergy,  
please contact the food service office @  
**(716)286-7288**

**Student \$2.50  
Adult \$5.99**